

Hertfordshire Health Walks

Welwyn Hatfield

Timetable of walks May to August 2018

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders



Walks and meeting point	Day/time	Date	Information
Digswell Park Welwyn Garden City Bowls Club, 288 Knightsfield, Welwyn Garden City, AL8 7NQ	Mondays 10.00am	Weekly	
Sherrardspark Wood <i>Wellbeing Walk in association with MIND</i> **All Welcome** Cinema Entrance, Campus West, Welwyn Garden City, AL8 6BX	Mondays 12noon	Weekly	
Stanborough Park Finesse Activity Centre, South Lake, Stanborough Park, Welwyn Garden City, AL8 6DQ	Tuesdays 12.30pm	Weekly	 Buggy friendly
	1 st & 3 rd Wednesdays of the month 6.00pm	May 2, 16 June 6, 20 July 4, 18 August 1, 15	
	Thursdays 8.00am	Weekly	
	2 nd Saturday of the month 2.00pm	May 12 June 9 July 14 August 11	
Stream Woods Station Entrance, 79 Great North Rd, Hatfield, AL9 5AB	1 st Tuesday Of the month 2.00pm	May 1 June 5 July 3 August 7	
Hatfield First Steps Erol's Cafe, 60 Town Centre, White Lion Square, Hatfield, AL10 0JJ	Wednesdays 2.00pm	Weekly	 Buggy friendly
Sherrardspark Wood Cinema Entrance, Campus West, Welwyn Garden City, AL8 6BX	Thursdays 10.00am	Weekly	
Brookmans Park The Brookmans Pub, Bradmore Green, Brookmans Park, AL9 7QW	Thursdays 10.30am	Weekly	
Beehive Lane Finesse Centre, King George V Playing Fields, Beehive Lane, Welwyn Garden City, AL7 4BP	Fridays 10.00am	Weekly	
Ellenbrook Fields/de Havilland Hertfordshire Sports Village Entrance, de Havilland Campus, Hatfield Business Park, Hatfield, AL10 9EU	Fridays 4.15pm	Weekly	